

## Sleep at Work: Who Cares?

How sleep medicine impacts health and safety at work: opportunities and challenges Belgian
Association for
Sleep research and
Sleep medicine

-h/m

#### Venue

Royal Museums of Art and History Jubelpark / Parc du Cinquantenaire 10 1000 Brussels View location on Google Maps Metro station: Merode

#### Registration www.belsleep.org

Fee BASS members: *free* 

Non-members: 40 €

Accreditation Requested in section 5 (Ethics and Economy)

Sponsors











**/ISOL** 

Bioprojet

Inspire

Philips Respironics

# Program



Arrival and registration with coffee		08:45 - 09:15
Welcome and introduction Elke De Valck		09:15 - 09:30
Main Session Part 1		
Chairs: Ilse De Volder, Julien Fo	anielle	
Occupational sleep medicine: a new and rapidly evolving discipline Raymond Cluydts, UZ Antwerpen		09:30 – 09:45
<b>Assessment of driver fitness</b> Tom Brijs, U Hasselt		09:45 – 10:15
Free Communications 1	Parallel session CBT-I intervision (for psychologists, in Dutch) Aisha Cortoos, Jana Maes, Annelore Roose	10:15 – 11:00
Chairs: Marie Bruyneel, Dries Testelmans		
Coffee and tea break		11:00 – 11:30
Free Communications 2	Parallel session CBT-I intervision (for psychologists, in French) Myriam Kerckhofs, Charleroi	11:30 – 12:30
Chairs: Sonia Scaillet, Alain Volckaert		
Lunch		12:30 – 13:30
Main Session Part 2		
Chairs: Elke De Valck, An Mari	man	
Burnout and Sleep Göran Kecklund, Stockholm, Sweden		13:30 – 14:15
<b>CBT-I in organisations</b> Sophie Bostock, Southampton, UK		14:15 – 15:00
Coffee and tea break		15:00 – 15:30
Handling sleepiness in train drivers: the viewpoint of the employer Jo Van Weyenberg, B-Logistics, Belgium		15:30 – 16:00
<b>Conclusion</b> Johan Verbraecken, BASS president		16:00 – 16:15
Award ceremony and receptionAndré Kahn Sleep Award,Woody Scientific Sleep Award , Apneu Vereniging Vlaanderen Research Award		16:15 – 17:00

#### **BASS** Autumn Meeting 2016 Sleep at Work: Who Cares?



How sleep medicine impacts health and safety at work:

opportunities and challenges Friday 09/12/2016 Boyal Museums of Art

Royal Museums of Art and History, Brussels







### **Attest of Participation**

Dr. I. De Volder, secretary of the BASS, confirms that

#### Mohamad ABOU TAHA

has attended the Autumn Meeting of the BASS on 09 12 2016 in Brussels.

Title: Sleep at Work: Who Cares?

The fee is € 40 for non-members and free for BASS-members.

Prof. J. Verbraecken President BASS

Dr. Ilse De Volder secretary BASS





Apneuvereniging Vlaanderen

# VAPA Sleep Apnea Research Award

Value:

on behalf of the VAPA,

www.apneuvereniging.be

